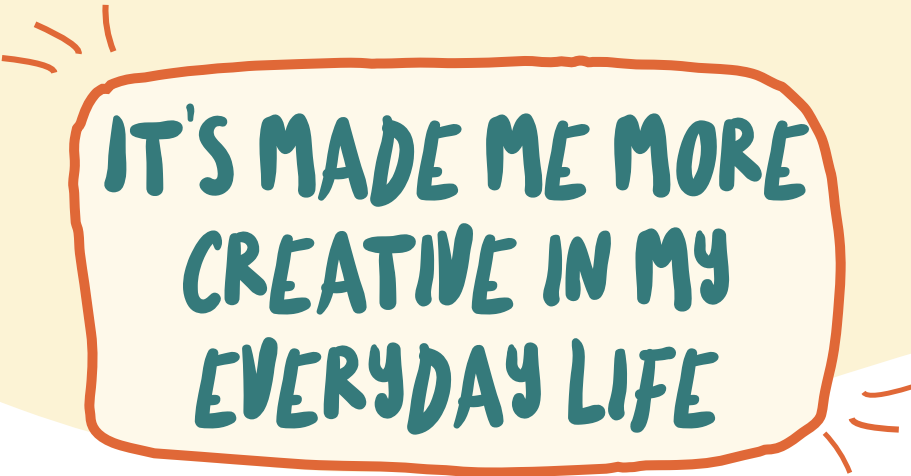




IT'S MADE ME MORE
CREATIVE IN MY
EVERYDAY LIFE

well
together

The inclusivity is where everyone has something to do and something to say.



Because I go to a STEM school there aren't any creative subjects where I can have fun and be creative. Now I spend around an hour or forty-five minutes every day trying to do something creative to develop my skills.

Something that I've definitely improved on is my art skills. So, coming to the sessions has really engaged my creativity outside of my school subject choices.

We wrote and illustrated a children's book where we had a poet come in and help us write the book. It was called Snowflake and Mr Woods. We went on trips where we went and watched a musical. We do visual arts and creative sessions where you can just express yourself however you like, where there is no wrong answers. All of our things that we have created in the art sessions were out and on exhibitions at the arts centre. It's made me more creative in my everyday life.

Wherever these sessions happen, there's definitely someone, if you're not comfortable with whatever you're doing, they'll make sure that you're comfortable with what you're doing and you're having fun.

The inclusivity is where everyone has something to do and something to say. And, if someone has an idea of what they would like to do or what they would like to try out, they definitely incorporate the ideas in the session. You can have a go with whatever you wanted to.

If you enjoy doing what you did or what you tried, you can do it when you're at home so you don't just do it once and that's it - you do it multiple times.

My mind's definitely been more creative.





To help us understand the impact of Well Together, for organisers and attendees of funded activities, we have used storytelling as a component of our evaluation framework. Storytelling is an approach based on the Most Significant Change technique that has been used by the Old Fire Station since 2017, who now offer training and support to partners across Oxfordshire.

The Well Together stories are being gathered from organisers volunteering or working for a range of groups and organisations, and from the people who take part in the activities provided by groups. They are being collected in 2025 by the Well Together programme team who have been trained as story collectors.

By telling their stories, participants taking part in this approach, have the chance to reflect on what has changed for them through their involvement in providing activities and / or participating in them. How has it affected their life? Why has it been important to them?

The stories were recorded, transcribed and then edited down to two pages each - aiming to use the teller's own words, retaining their "voice" and reflecting the teller's insights into the impacts and the significance for them.

*For more information about this methodology, and to read stories collected from a range of other projects visit the Old Fire Station's website dedicated to this approach:
[Storytelling: Human-friendly evaluation](#)*

With thanks to our story tellers

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